

# Parenting workshop



## “Connecting with your child”

*Asserting boundaries without punishment, shaming or manipulation*



***Robin Grille***

*Acclaimed Author*

*Psychologist*

*International Speaker*

In this workshop we will look at how we can connect with our children and set strong boundaries without relying on punishment, shaming and rewards.

- A brief history of punishment and shaming
- Why punishment is ineffective
- The problem with external rewards
- Being effective and being assertive means being 'real'
- Learn appropriate expression of your (the parent's, or teacher's) needs and limits
- The power of listening
- The key ingredients of a deep connection with your child



**DATE: Wednesday 19<sup>th</sup> May 2021**

**TIME: 10-1pm**

**COST: \$20 early bird before May  
\$30 per person/\$50 for 2 people**

**VENUE: Federal Hall  
(free for Federal CCC parents)**

This presentation is for parents, grandparents, child health professionals, early childhood teachers and carers

**Bookings: Contact Mandala on [info@federalccc.com.au](mailto:info@federalccc.com.au)**